



**Amala**  
COLLEGE OF NURSING  
ACCREDITED BY NAAC WITH A GRADE

# AMALA COLLEGE OF NURSING

## AQAR (2022-2023)



### CRITERION 5 – STUDENT SUPPORT AND PROGRESSION

#### Key Indicator 5.4 – Alumni Engagement

**Metric No. 5.4.1 - The Alumni Association is registered and holds regular meetings to plan its involvement and developmental activities with the support of the college during the year**

**SUBMITTED TO**



**National Assessment and Accreditation Council**

# **Alumni association activities**

**Alumni contributions  
Career guidance sessions**



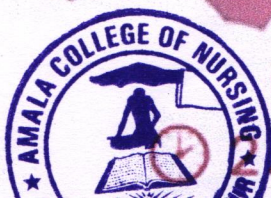
**Amala**  
COLLEGE OF NURSING

# CAREER GUIDANCE PROGRAM TO UK



**SPEAKER**

➤ **Ms. Ashlin Jose**  
(Alumni - 2016 batch)  
Band 5 Registered Nurse  
St. Richard's Hospital  
Chichester, UK



📅 10th May 2023  
10.00 p.m. to 3.00 p.m.

Prof. Dr. RAJEE BEGHINATH



# Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

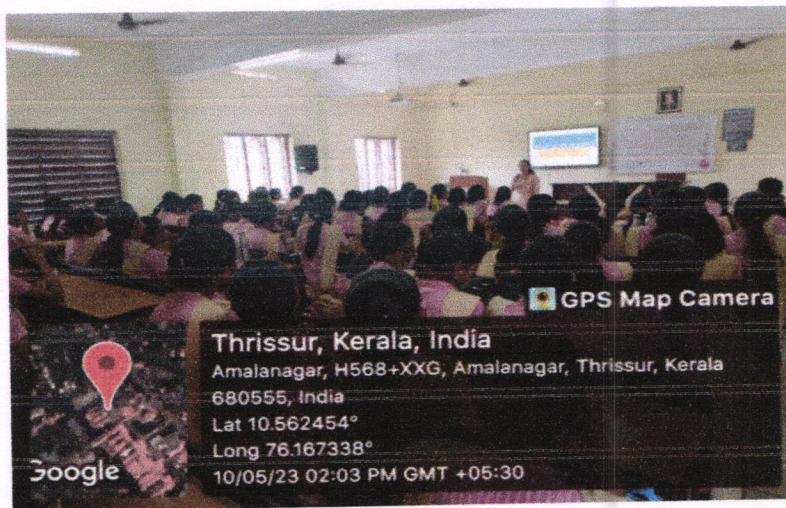
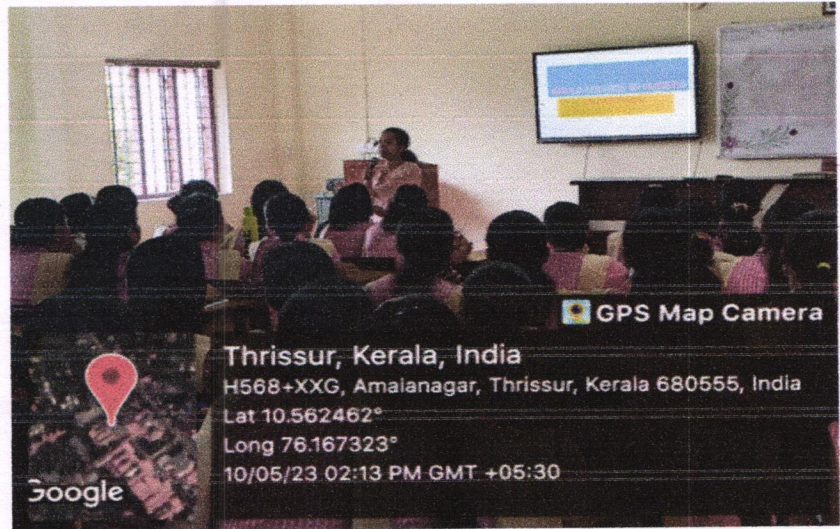
Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council  
(Certificate No. 18-16/2893-INC)

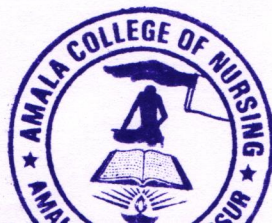
## Career guidance program on UK processing

A Career guidance session was organized by Amala College of Nursing on 10th May 2023 at 2:00 p.m. Miss. Ashlin Jose, Band 5 registered nurse, St. Richard's hospital, Chichester, UK, a former Amala College of Nursing student, lead this session. Hundred students participated in the session. This session was held in lecture hall 3. Mrs. Rosariyo Anto, lecture, Amala College



of Nursing delivered welcome speech. Through this session, she shared her working experience in UK and explained every step of UK processing. She detailed the wider opportunities of higher studies in UK and clarified all doubts raised by

students. Vote of thanks was delivered by Miss Merin Shaju and program was ended at 3.00 pm.



*[Signature]*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL



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**Topic : Procedure for UK Processing**

**Date : 10.05.2023**

**Venue : Lecture Hall III**

**Batch : 2020**

Sl. No	Name of the student	Signature
1	Adithya V	
2	Akhilamol Thomas	
3	Aleena Peter	
4	Aleena Shaji	
5	Alina Mannanal Gigi	
6	Alphonsa Sebastian	
7	Alwin.M.Thomas	
8	Amritha Johnson	
9	Anagha P V	
10	Angel Rose Shaji Valayil	
11	Anjana K B	
12	Anjana Kuriachan	
13	Anjana T T	
14	Anjitha Shaji	
15	Anju Sani	
16	Ann Maria T O	
17	Ann Mariya Dominic	
18	Ann Mariya Shyju	
19	Anna Mariya Johnson	
20	Ardhra Viswanath P V	
21	Arsha Mariya C A	
22	Ashams Roy	
23	Bittu Boban	
24	Delna Mariya Davis	
25	Divina Sibi	



Prof. Dr. RAJEE BEGHINATH



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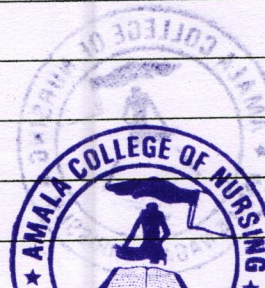
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**Topic : Procedure for U K Processing**  
**Date : 10.05.2023**  
**Venue : Lecture Hall III**  
**Batch : 2019**

## Attendance Sheet

Sl. No	Name of the student	Signature
1	Aghina Paul	
2	Agna Roy	
3	Aiswarya K S	
4	Aleena Jilson	
5	Algy Joseph	
6	Alina Mariya Augusty	
7	Alphonse Rose Mathew	A
8	Ancy Shaju	
9	Angel Davis Pynadath	
10	Angel Jesudas	
11	Anitta Mathew	
12	Anitta Shaju	
13	Anjaly Benny	
14	Anly Babu	
15	Ann Mariya Sabu	
16	Ann Mariya Shaju	
17	Anntreesa M P	
18	Anu Francis	
19	Archana C V	
20	Athulya P S	A
21	Binju Devassia	
22	Daisy Jose	
23	Delishya Joji	
24	Delma Shaju	
25	Delna Devis	



VOL 6

ACONAAT NEWSLETTER




AMALA COLLEGE OF NURSING ALUMNI

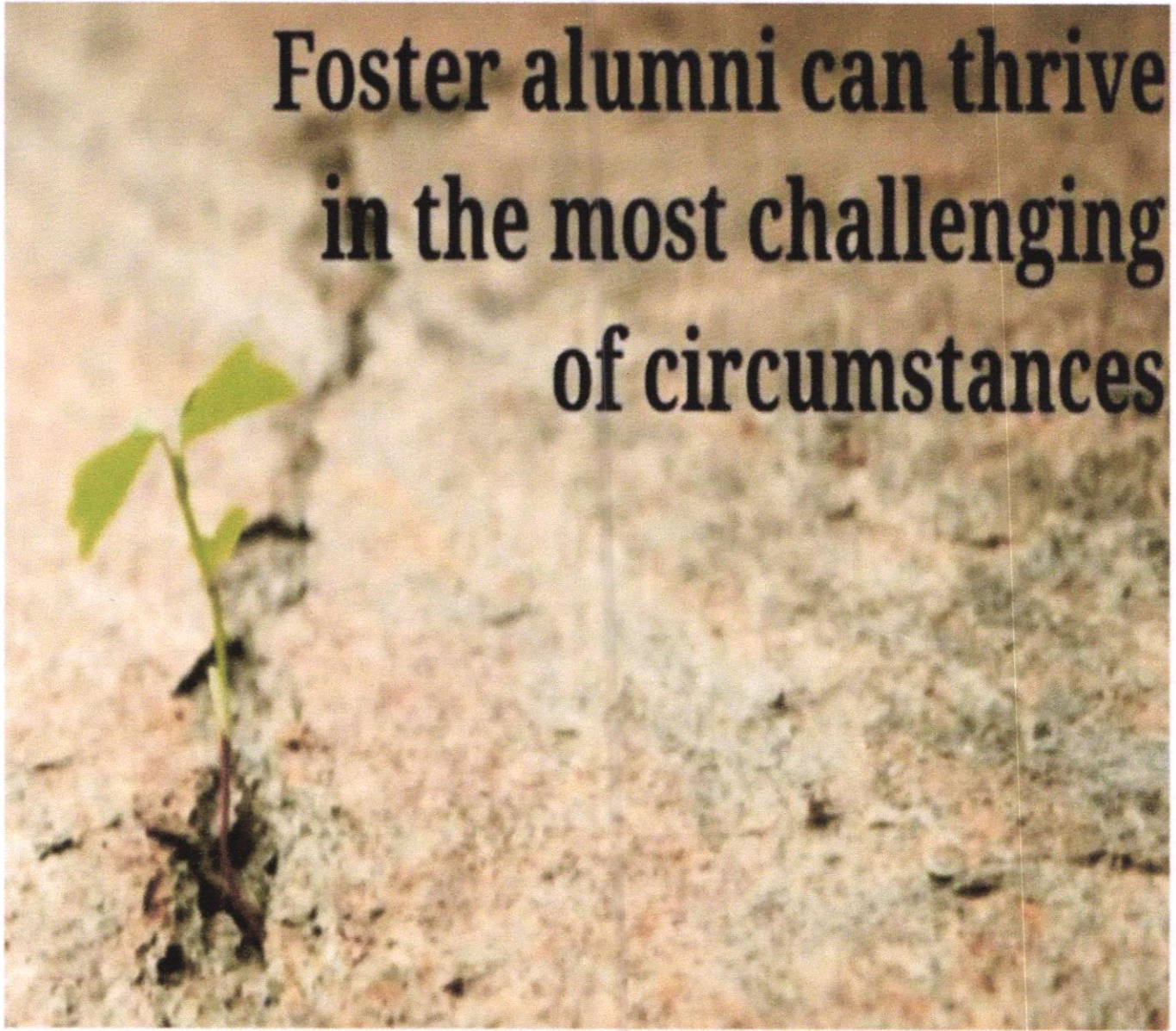
ASSOCIATION NEWSLETTER

VOL 6



  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

**Foster alumni can thrive  
in the most challenging  
of circumstances**



***TOGETHER WE HAVE EXPERIENCED LIFE. SEPARATELY, WE WILL PURSUE OUR  
DREAMS FOREVER, OUR MEMORIES WILL REMAIN.....***



*19/10/20*  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

# Friends

*Friends*  
are angels that lift us to  
our feet when our wings have trouble  
remembering how to fly.

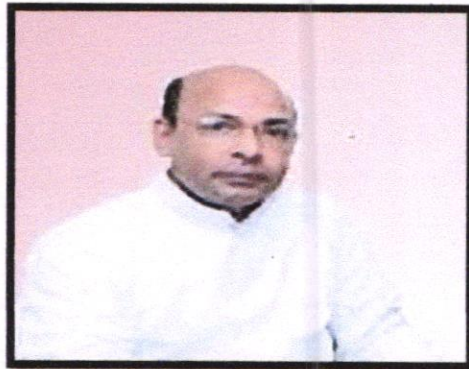


*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555




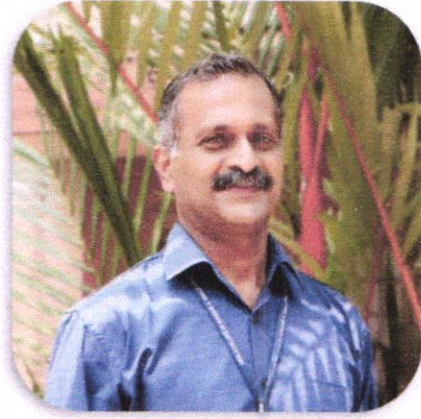
**Fr. Julious Arakkal CMI**  
**Director**  
**Amala Institute of Medical Sciences**

**PATRONS**



**Patron**  
**Rev. Fr. Francis Kurissery CMI**  
**Academic coordinator, AIMS**

  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



**Patron**

**Prof. Dr. Rajee Reghunath**

**Principal, ACON**



*Rgud*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

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**EXECUTIVE MEMBERS**



**Rev. Sr. Jyothish CSC**

**HEAD OF OFFICE AFFAIRS**



**Mrs. Deepthy P Joseph**

**President**

**2005 Batch Bsc. Alumni**



**Mrs. Arya .V. Ajith**

**VICE PRESIDENT**

**2015 Batch Msc. Alumni**



**Sr. Siji Pius**

**SECRETARY**

**2017 Batch Msc. Alumni**



**Prof. Dr. RAJEE REGHUNATH**  
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**Ms. Chippy Baby**

**JOINT SECRETARY**

**2009 Batch B.Sc. Alumni**



**Ms. Dini**

**JOINT SECRETARY**

**2013 Batch B.Sc. Alumni**



*Rajee*  
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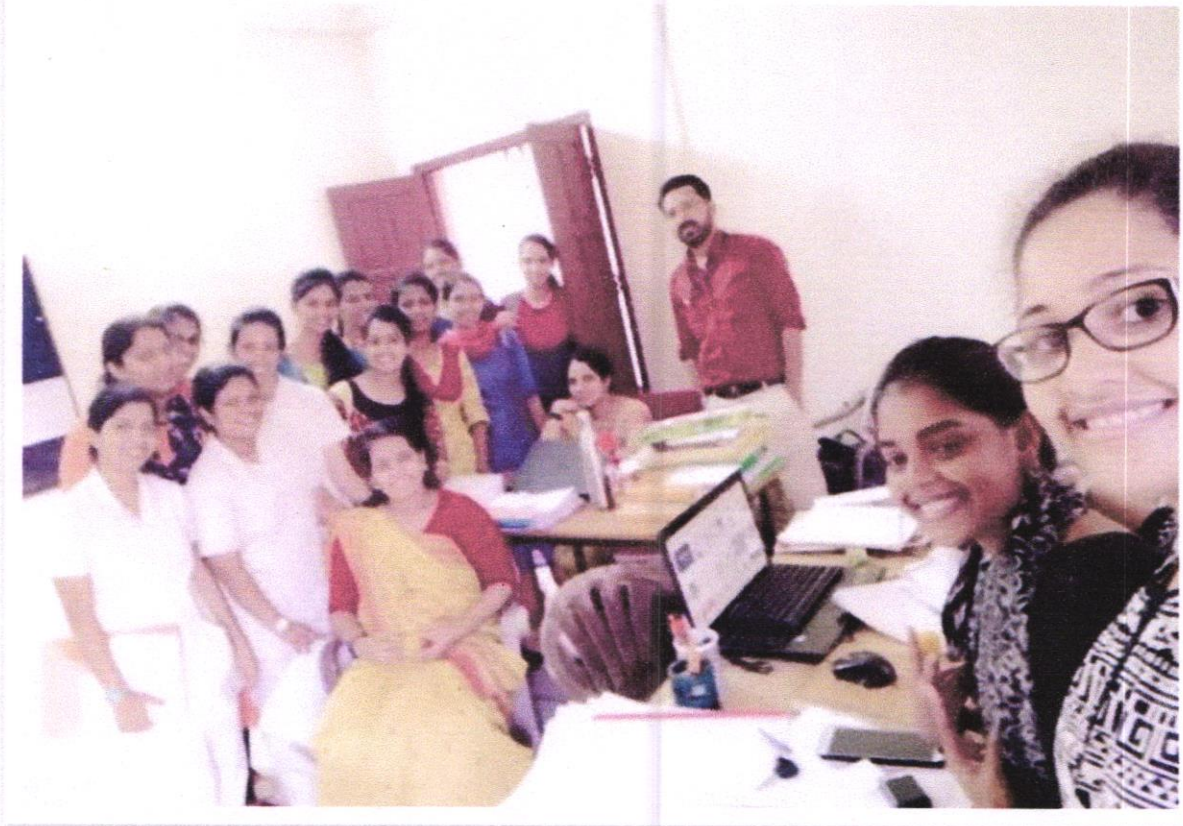
**BACK TO COLLEGE AND MEETING TEACHERS AND FRIENDS ARE MOST  
FRUITFUL MEMORIES**



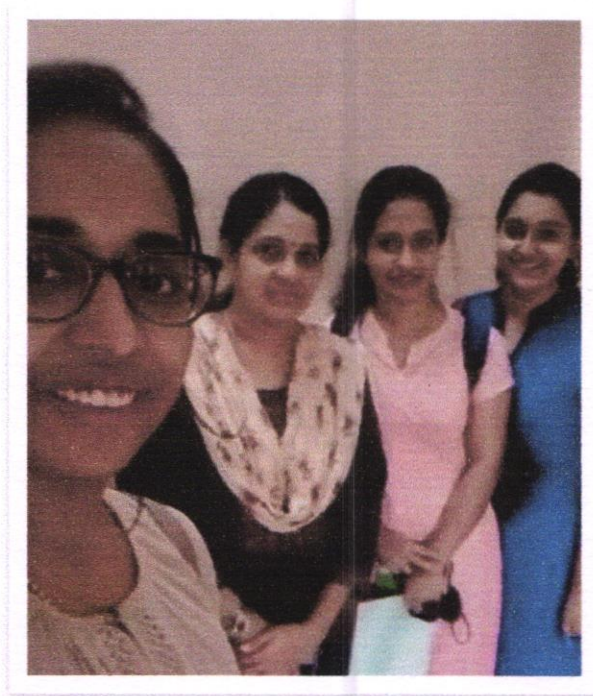
*Rajee*  
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*Regan*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., TRISSUR-680 555



*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
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AMALA NAGAR P.O., THRISSUR-680 555



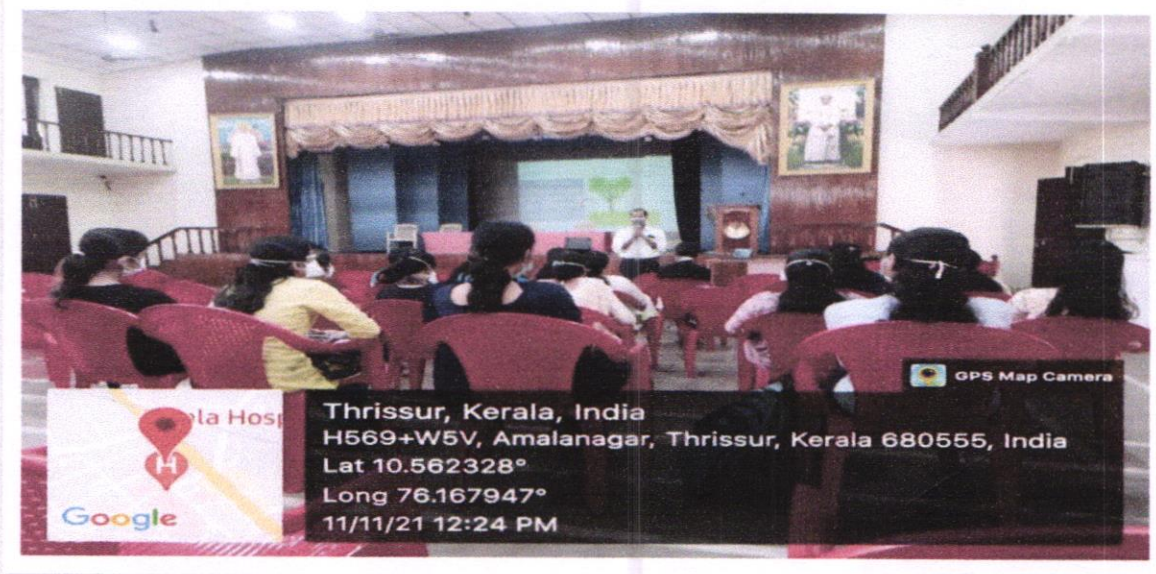
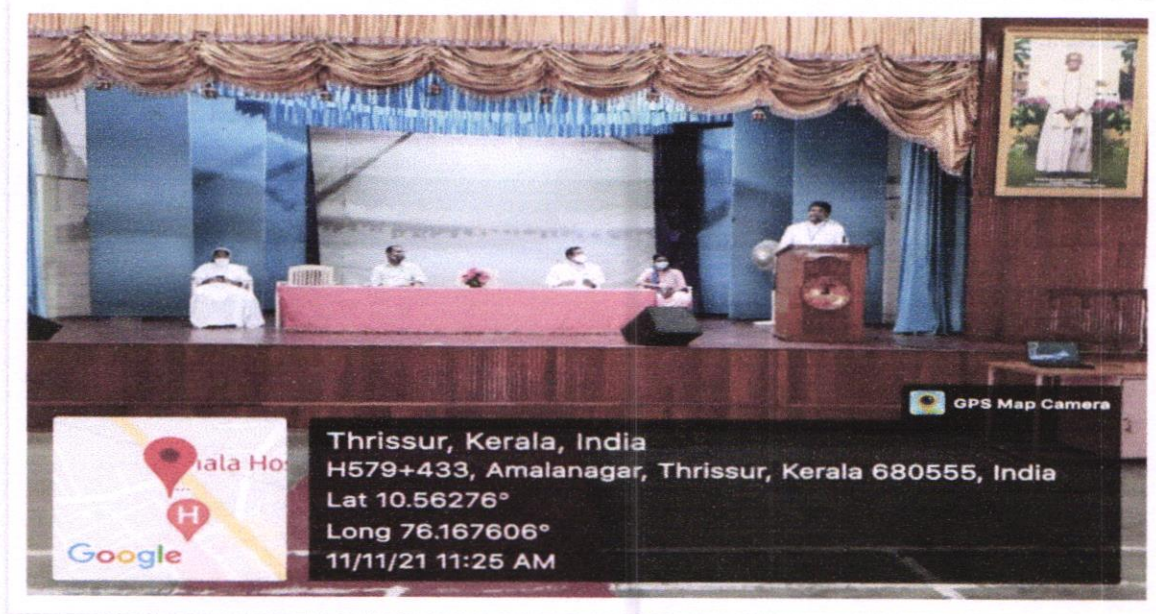
Few alumni members visited our college and shared their golden memories with teachers



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THIRISSUR-680 555

# AMALA EVENTS

## ALUMNI MEETING




*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR PO, THRISSUR-680 555

The alumni in-house meeting was conducted on 11 November 2022 all alumni representatives and members was gathered in that meeting . The meeting was held in the presence of Fr.Julious Arakkal CMI , Director Amala Institute of Medical Sciences, Dr. Rajee Reghunath principal, Amala college of nursing and Sr.Litha Lizbeth vice prinicipal, Amala college of nursing. It was the most memorable and happiest moment for every teachers and alumnus.

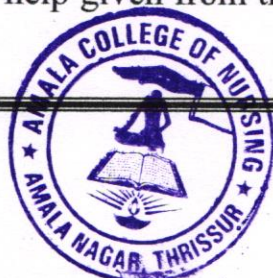
### ALUMNI INHOUSE MEETING 2022

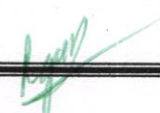


  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THIRUVANANTHAPURAM-680 555



The alumni inhouse meeting was conducted on 14 December 2022. All alumni inhouse members were attended the meeting, the orientation about the NAAC visit was given to the all alumnis by Prof.Lakshmi G, IQAC Coordinator, Amala College Of Nursing. The alumni were invited to share their experience and it was one of the best session. They gave up a self-introduction and shared their experience. All the faculty members of our college also introduced themselves and thanked the alumni for their auspicious presence in the meeting. Some of the thoughts expressed by the alumni members are the felt very happy and joyful, appreciated the academic help given from the college, and appreciated for the conduction of



  
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PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR PO., THRISSUR, KERALA

alumni meeting, recollected their experience in the college and hostel, and expressed their willingness for helping the present students for placement. The meeting was concluded by a vote of thanks by Prof. Litha Lizbeth, Vice Principal, Amala College of Nursing. Everyone left after lunch.



*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
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# FIRST RELEASE OF COLLEGE NEWS LETTER

Daily Newsletter | Amala College of Nursing

December 14 2022



## REVERIE 2K22 THE SPLENDID COLLEGE DAY



### Welcome to the family

New batch of MSc nursing program inaugurated by our beloved director Rev. Father Julius Arakkal @ 9.00 am on 7th December.

### The clubs in action

The club meeting of eco club, physical activity club, literary club and film and oric club was held on December @ 3pm.

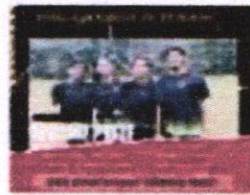
Closer to our destination here comes NAAC visit on 19th & 20th of January 2023. Lets work together!



Our simulation lab dedicated to the holy memory of Rev. Fr. George Rus CM inaugurated on 7th December.



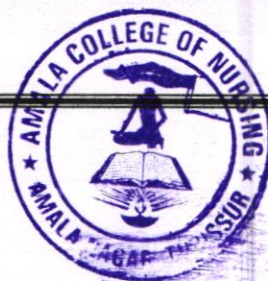
## THE PRIDES OF AMALA



### Single balls in Amala



"You don't find the happy life you make it" - Camilla Eyring



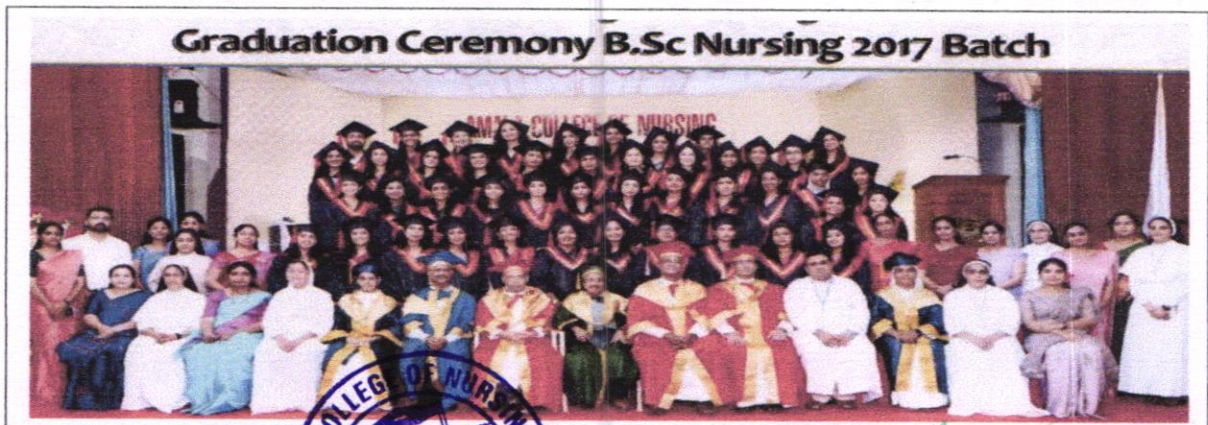
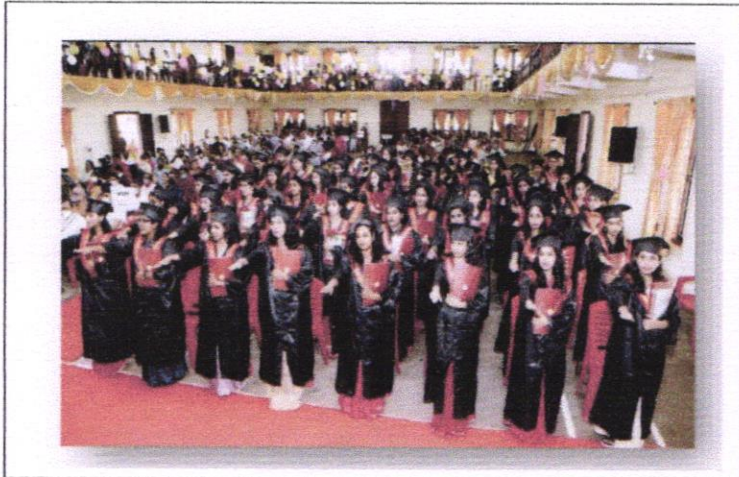
*Handwritten signature*  
 Prof. Dr. RAJEE REGHUNATH  
 PRINCIPAL  
 AMALA COLLEGE OF NURSING  
 AMALA NAGAR P.O., THRISSUR-680 555

The alumni inhouse meeting was conducted on 14 December 2022 all alumni members attended the meeting, the orientation about the NAAC visit was given to the all alumnis. The orientation class was taken by Mrs.Lakshmi G IQAC coodinator.



*Kgop*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF N  
AMALA NAGAR PUL. THRISSUR

## Graduation ceremony



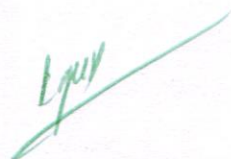
*Regd*

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



Graduation ceremony of Bsc Nursing 2017 batch and Msc Nursing 2019 batch was held on 20 July 2022 . The programme was inaugurated by Dr. CP Vijayan, Pro. Vice-chancellor, KUHS. Other dignitaries present in the meeting are Rev. Fr.Julious Arakkal CMI Director Amala Institute of Medical Sciences, Rev. Fr. Deljo Puthoor CMI Associate Director Amala Institute of Medical Sciences, Rev. Fr.Antony Mannummel CMI Assistant Director Amala Institute of Medical Sciences, Rev. Fr. Francis Kurissery Academic coodinator Amala Institute of Medical Sciences, Sr. Likitha CNO Amala Institute of Medical Sciences, Prof.Dr.Ragee Reghunath principal Amala college of Nuring, Sr.Litha Lizbath Vice principal Amala college of nursing.



  
Prof. Dr. RAJEE REGHUNATH  
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• KUHS QAS accreditation completed, our college won A grade

KUHS QAS accreditation was gained by our college with A grade on 30 September 2022. The award was received by Dr. Rajee Raguhnath principal Amala college of nursing from vice chancellor KP Mohanan.

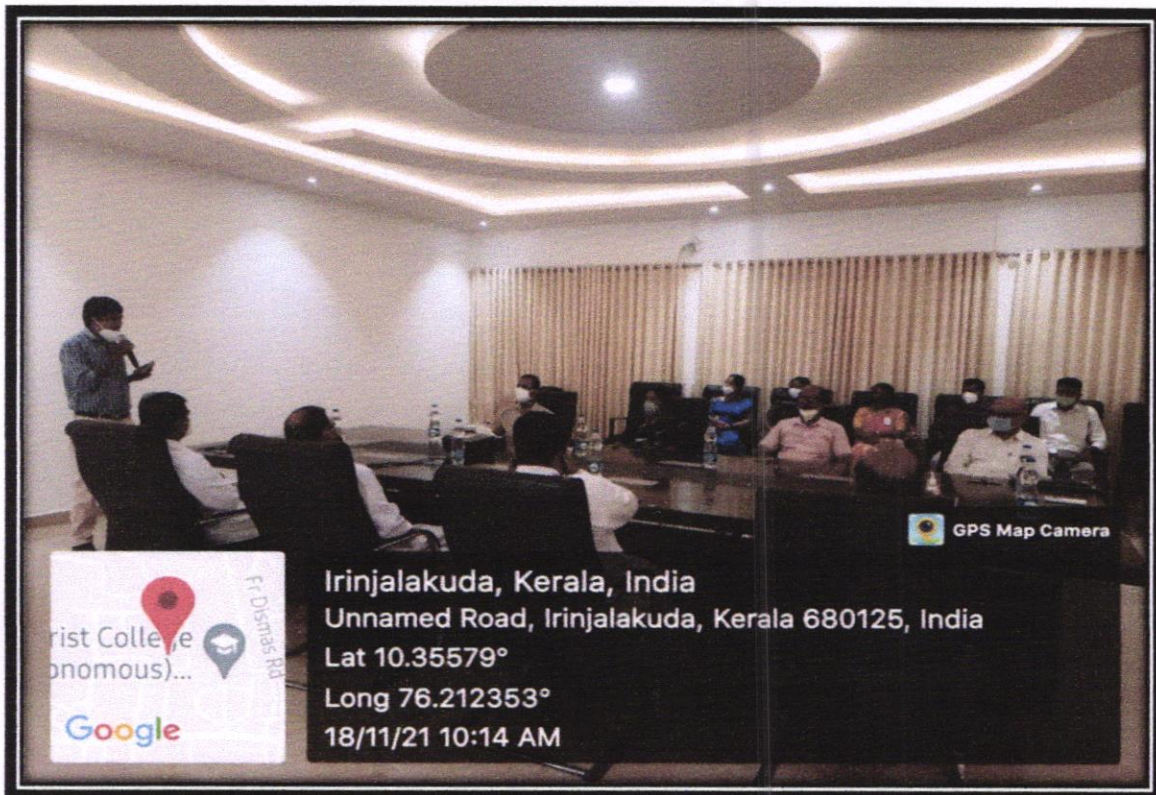


*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
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AMALA NAGAR P.O., THRISSUR-680 555

## Other events

- NAAC- SSR Submitted in the month of July
- We are happy to inform that 13 batches of Bsc Nursing And 8 Batches of Msc Nursing have passed out with flying colours

## Collobration with Other Institutions



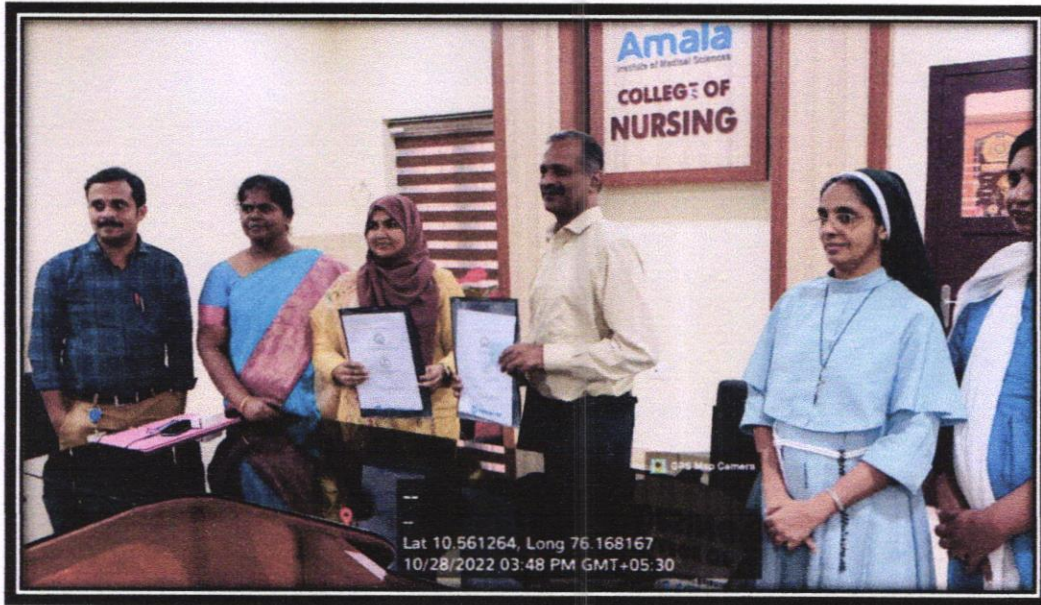
As a part of student exchange programme our college collaborated with other college like Christ college Irinjalakuda , ST.Thomas college Thrissur,

Chetana college Thrissur, Jubilee mission college of nursing. And we conducted different programme under this.



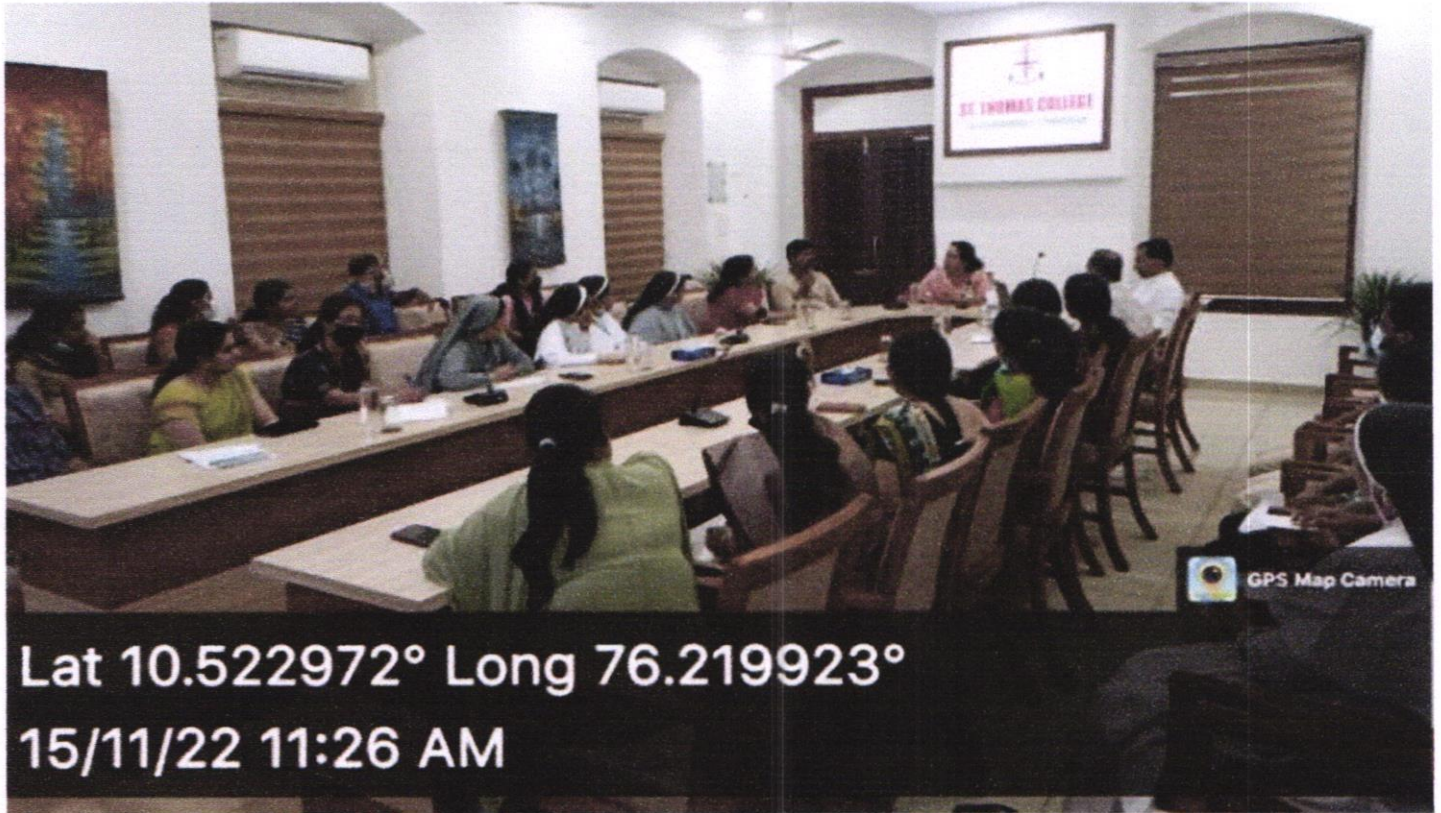
*RJR*  
Prof. Dr. RAJEE REGHUNATH  
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**Mou with Alshifa College of Nursing**



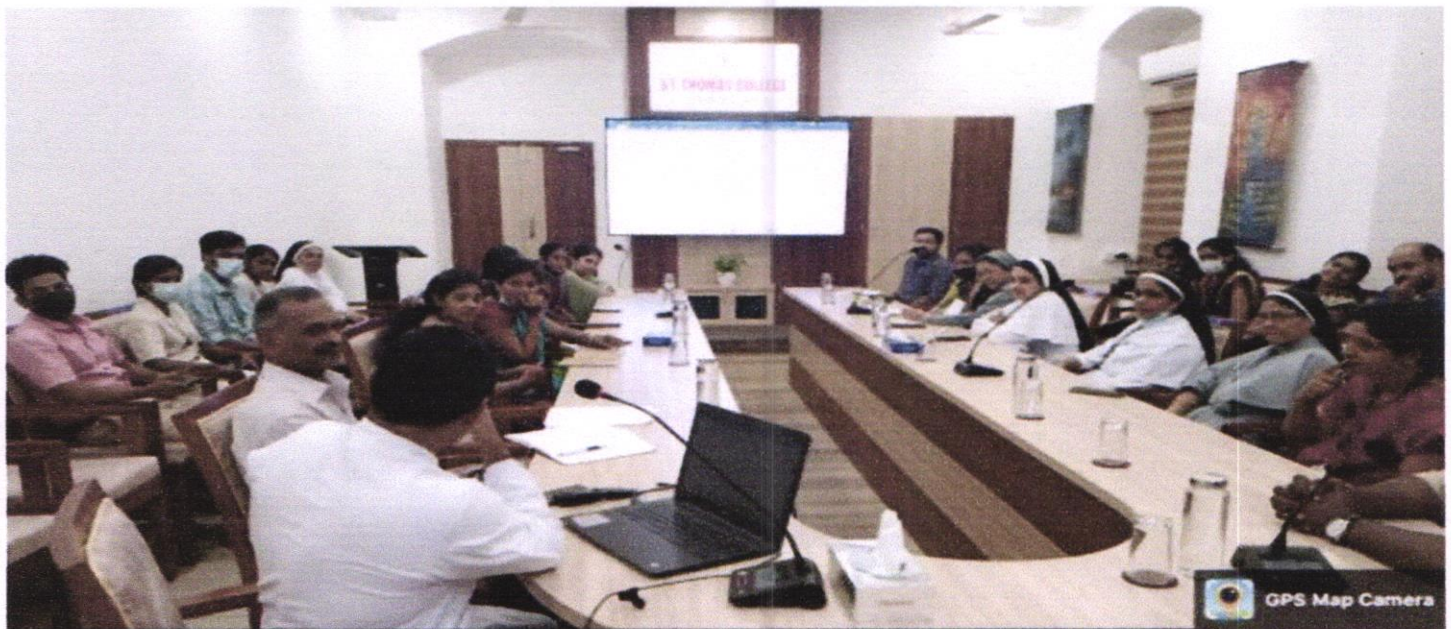
*Regu*  
**Prof. Dr. RAJEE REGHUNATH**  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

NAAC ORIENTATION VISIT AT ST.THOMAS COLLEGE



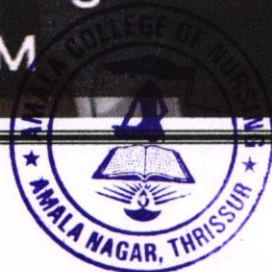
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15/11/22 11:26 AM



Lat 10.522971° Long 76.219926°

15/11/22 11:47 AM



Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

As a part of NAAC orientation teachers and student representatives of our college has visited ST. Thomas college Thrissur. Different sessions was arranged with students and faculty teams. And also their infrastructure and activites was observed by our teachers and student

**Jubilee Mission College Of Nursing (Jmcon) NAAC Orientation Visist**



*Rgud*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555



*Anti drug awarness programme*

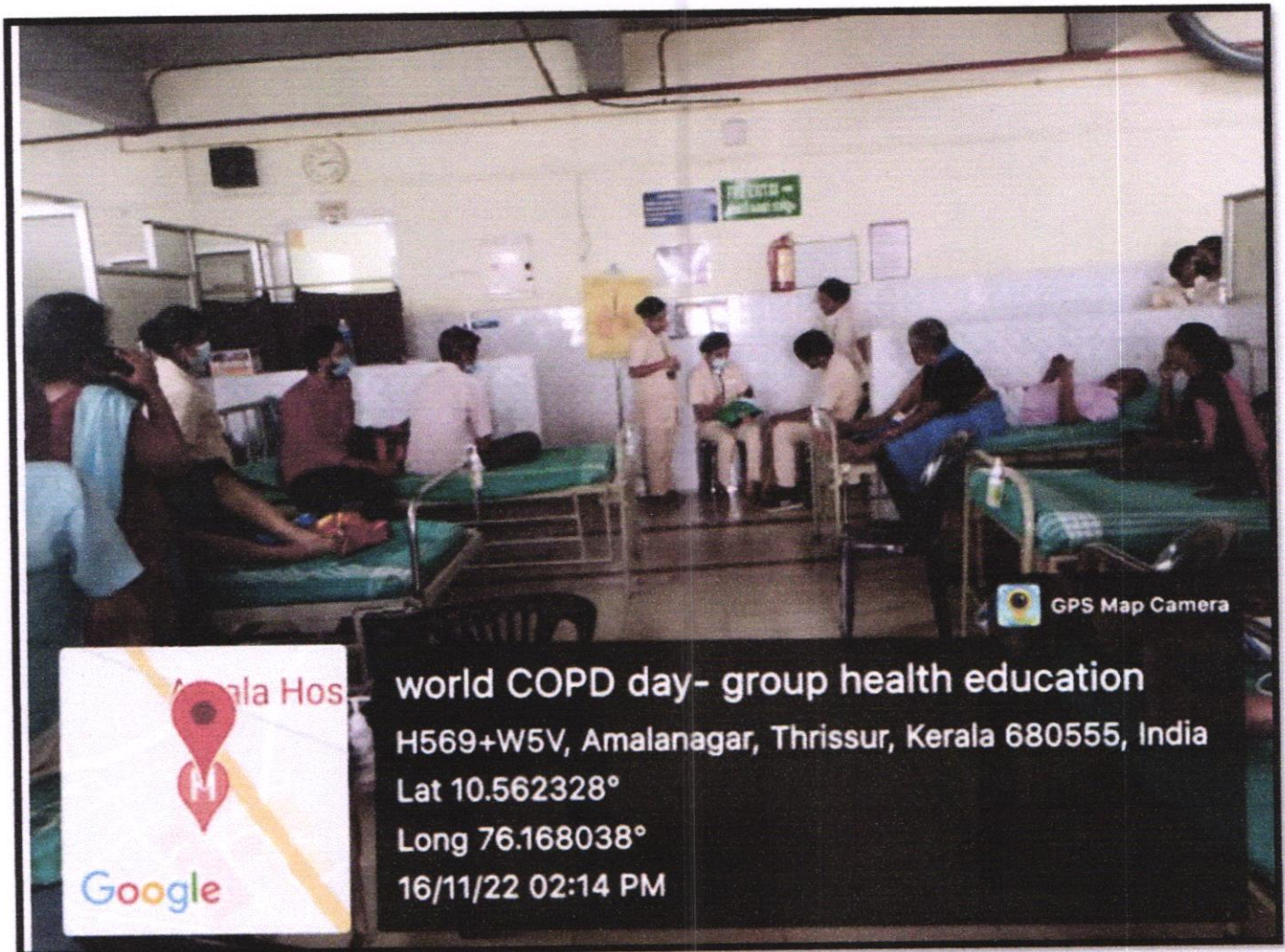
On 1 November 2022, antidrug awareness programme was conducted and a human chain was formed in front of Amala hospital by the students. A pledge against usage of drug was also taken by the students.



*Rajee*  
Prof. Dr. RAJEE REGHUNATH  
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**World COPD day celebration**

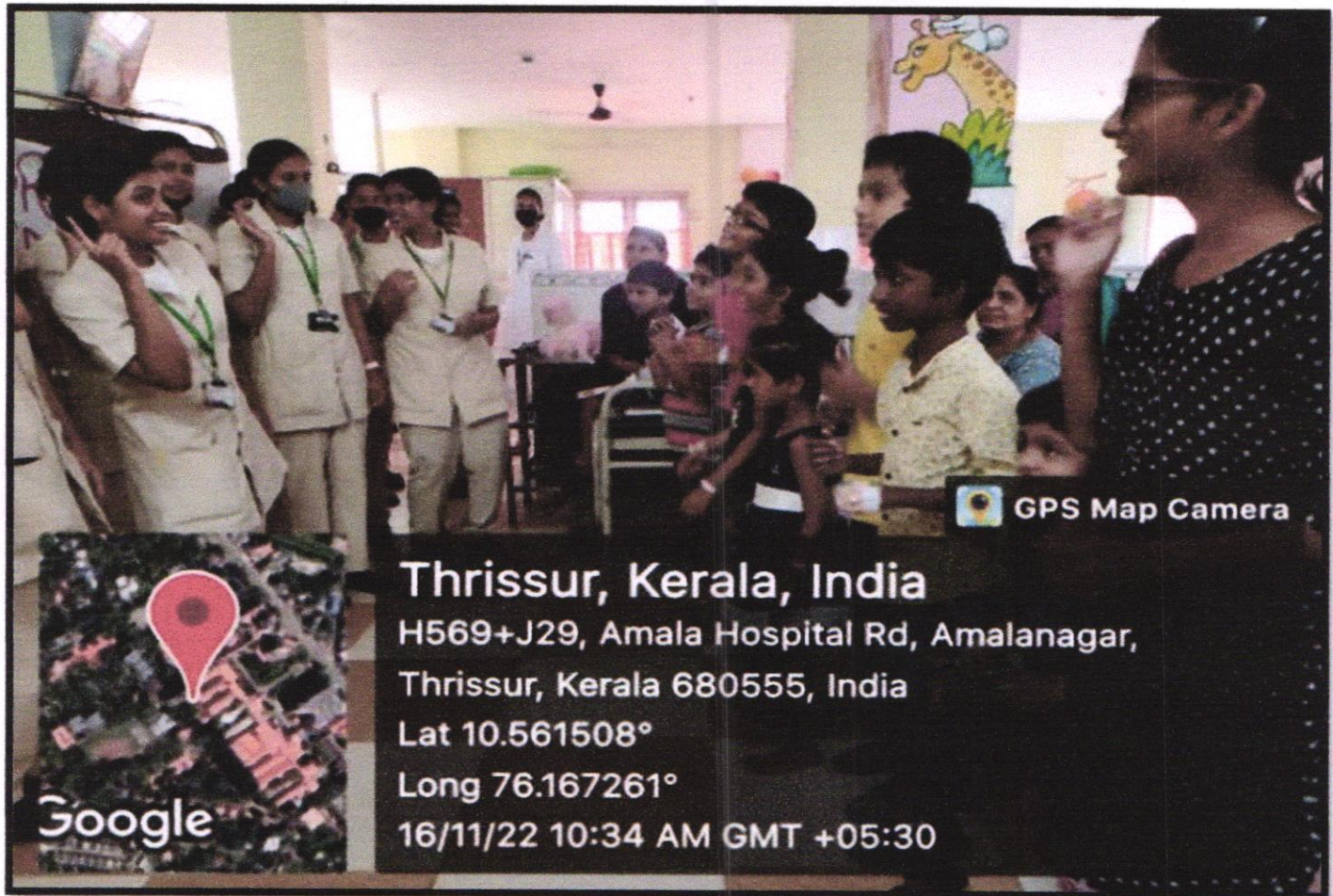
On 16 November 2022, our college had celebrated world COPD day. A group health education was given by the 2<sup>nd</sup> year Bsc nursing students on the topic COPD in ward 38.



*Lgud*  
Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555

## Immunization and Childrens day celebration

Immunization and children's day celebration was conducted on 16 November 2022. The programme was conducted by 3<sup>rd</sup> year bsc nursing students. Health education was given on immunization and as a part of children's day celebration, several cultural programme were also conducted.



*RPD*  
Prof. Dr. RAJEE REGHUNATH  
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AMALA NAGAR P.O., THRISSUR-680 555

## Counselling Services

Based on the COVID19 Amala college of nursing started a counseling services "CISCO" for the COVID patients and their family for support and guidance. The programme was inaugurated by Fr.Julious Arakkal CMI Director, Amala Institute of Medical Sciences Dr.Rajee Reghunath principal Amala college of nursing and Sr. Litha Lizbeth vice principal Amala college of nursing.



സിസ്കോ

അമല നേഴ്സിംഗ് കോളേജിൽ "സിസ്കോ" യ്ക്കു തുടക്കം

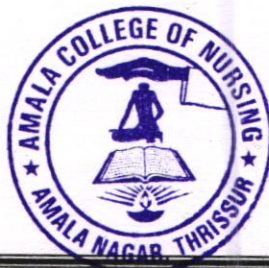
അമല നേഴ്സിംഗ് കോളേജിൽ കോവിഡ് രോഗികൾക്കും കോവിഡ് രോഗം രോഗാവസ്ഥയ്ക്കും അവരുടെ ബന്ധുക്കൾക്കും കൗൺസിലിംഗ് നൽകാനുള്ള "സിസ്കോ", പദ്ധതിയ്ക്ക് തുടക്കം കുറിച്ചു. ഇതോടൊപ്പം രോഗാനന്തര പ്രശ്നങ്ങൾ തടയാനുള്ള നിർദ്ദേശങ്ങൾ അടങ്ങിയ വീഡിയോ, കോവിഡ് കുടുംബത്തിന് കൗൺസിലിംഗ് എന്നീ പദ്ധതികളും ആരംഭിച്ചു. ഉദ്യോഗസ്ഥർക്കും അമല കോളേജ് കോളേജ് ഡയറക്ടർ ഫാ. ജുലിയസ് അന്യർക്ക് നിർവ്വഹിച്ചു. ഫാ. ഗ്രാൻസിസ് കുരിയ്ക്കൽ, ഡോ. രാജീ രാജുനാഥ്, സിസ്റ്റർ മജിക് വിസ്മയൻ എന്നിവർ പ്രസംഗിച്ചു.



Counselling Service

9495176818    8075683254

9605586679    9605215691



Rajee

Prof. Dr. RAJEE REGHUNATH  
PRINCIPAL  
AMALA COLLEGE OF NURSING  
AMALA NAGAR P.O., THRISSUR-680 555


## World Heart Day Celebration

World heart day was celebrated on 29 september 2022 ,The programme was conducted by 2<sup>nd</sup> year Bsc nursing students of Amala college of nursing. Health awareness programme, flashmob, rally were also conducted.



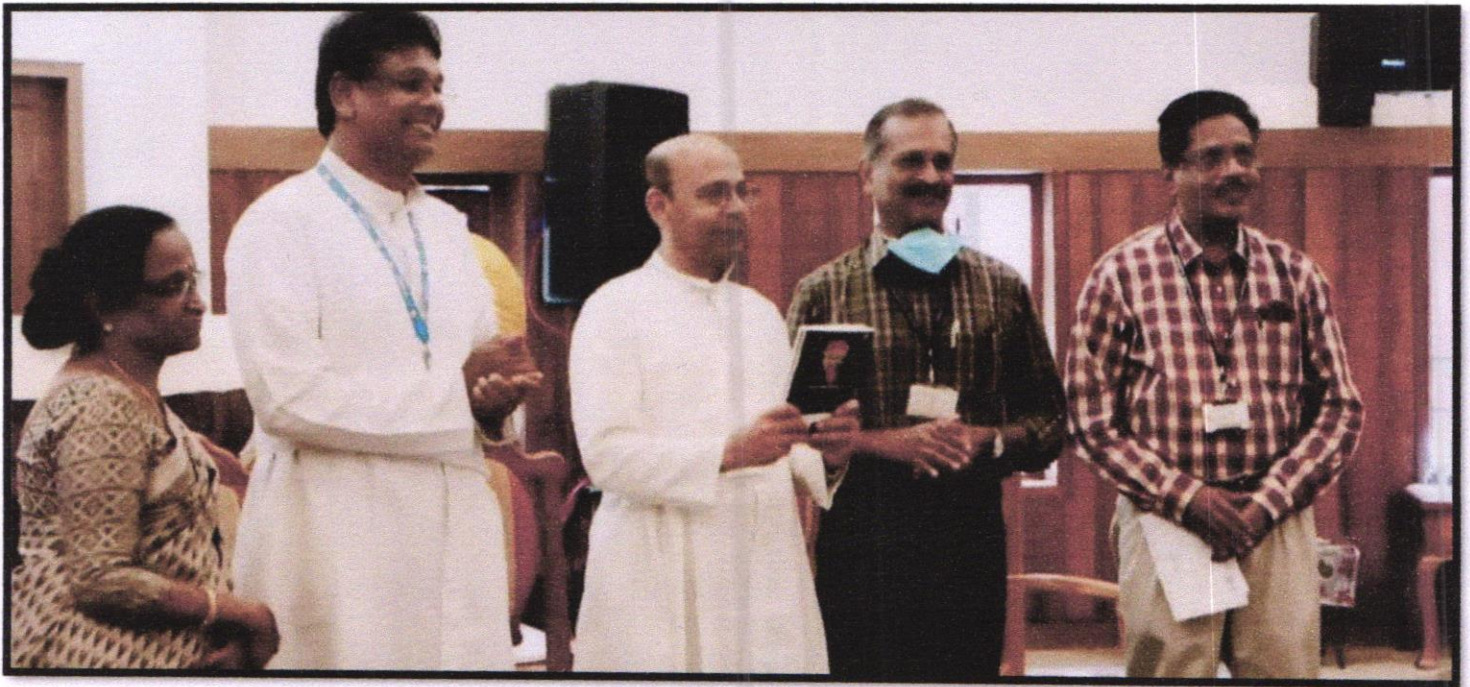
*19/10*  
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**Book publication - Oru Rajiyude Katha**

“ORU RAJEEYUDE KADHA” written by Prof. Dr. Rajee Reghunath principal Amala college of nursing and it was published by Rev. Fr. Francis Kurissery CMI academic coordinator Rev. Fr. Julious Arakkal CMI Director Amala Institute of Medical Sciences , Dr. Ramani department of obg .



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Principal  
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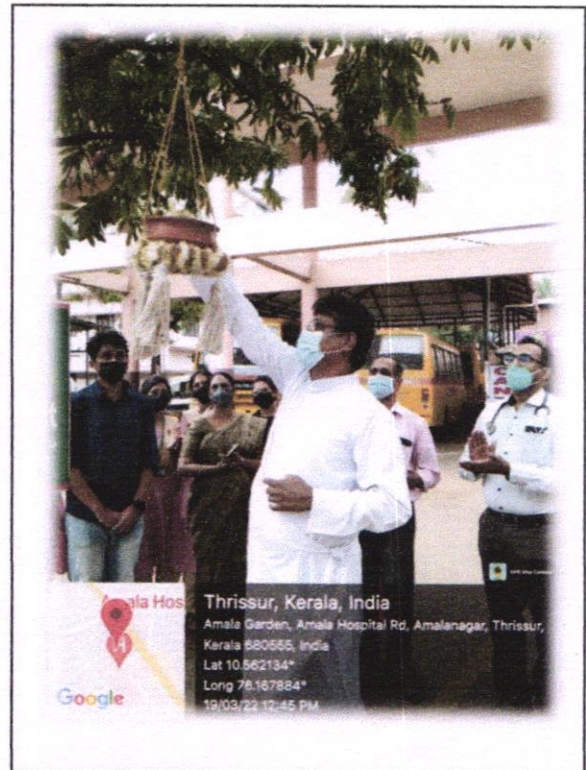
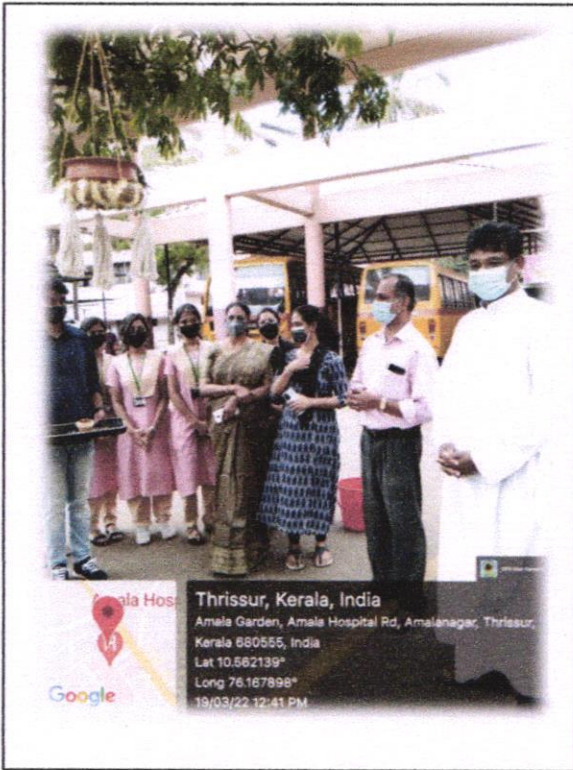
## Add on Course

From 2021 different add on course are introduced to the all batches. Under this simulation lab, obg lab, pediatric lab, foundation lab are working and different course programme were also conducted.



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**As part of nss programme we conducted "thannerthadam programme"**



**World Blood Donors Day**



*[Signature]*  
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**World blood donors day was celebrated in Amala college of nursing.**

**Pulse Polio Campaign**

As a part of pulse polio immunization 4th year bsc nursing students were participated in this.



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## Arts Fest

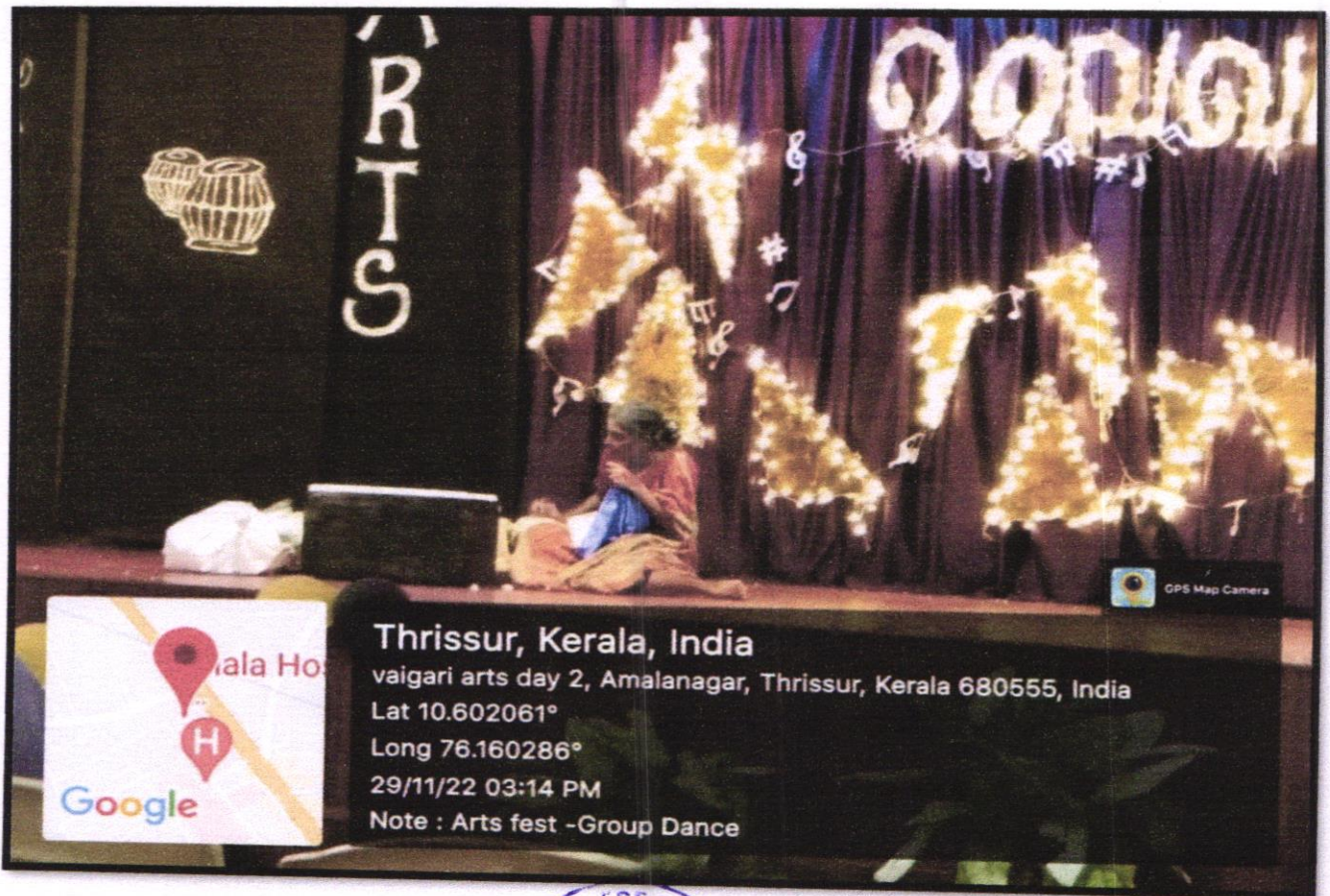
On 21 & 22 November 2022 the arts day was conducted all the students were participated in the programme



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**Thrissur, Kerala, India**  
 vaigari arts day 2, Amalanagar, Thrissur, Kerala 680555, India  
 Lat 10.602061°  
 Long 76.160286°  
 29/11/22 01:43 PM  
 Note : Arts fest -Group Dance



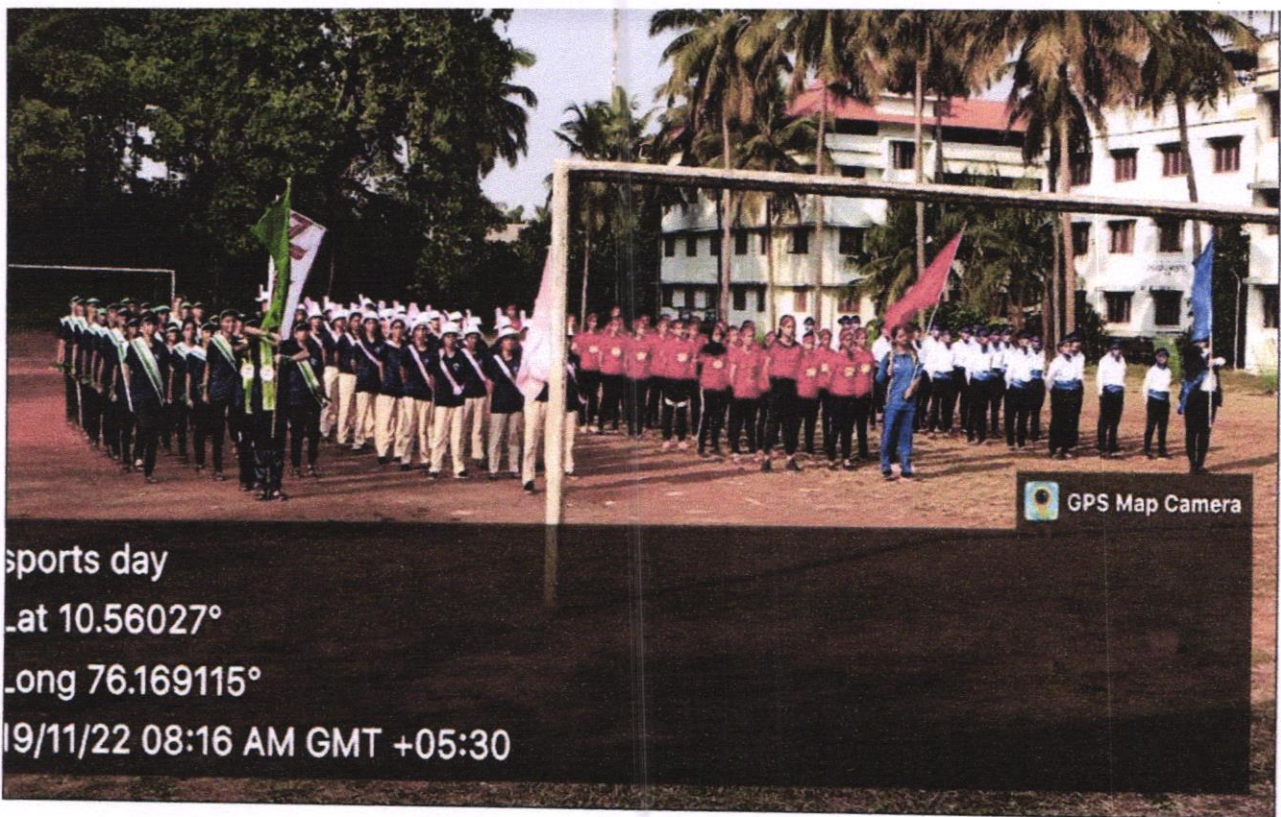
**Thrissur, Kerala, India**  
 vaigari arts day 2, Amalanagar, Thrissur, Kerala 680555, India  
 Lat 10.602061°  
 Long 76.160286°  
 29/11/22 03:14 PM  
 Note : Arts fest -Group Dance



  
**PROF. DR. RAJESH SESHUNATH**  
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 AMALA COLLEGE OF NURSING  
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## Sports Day

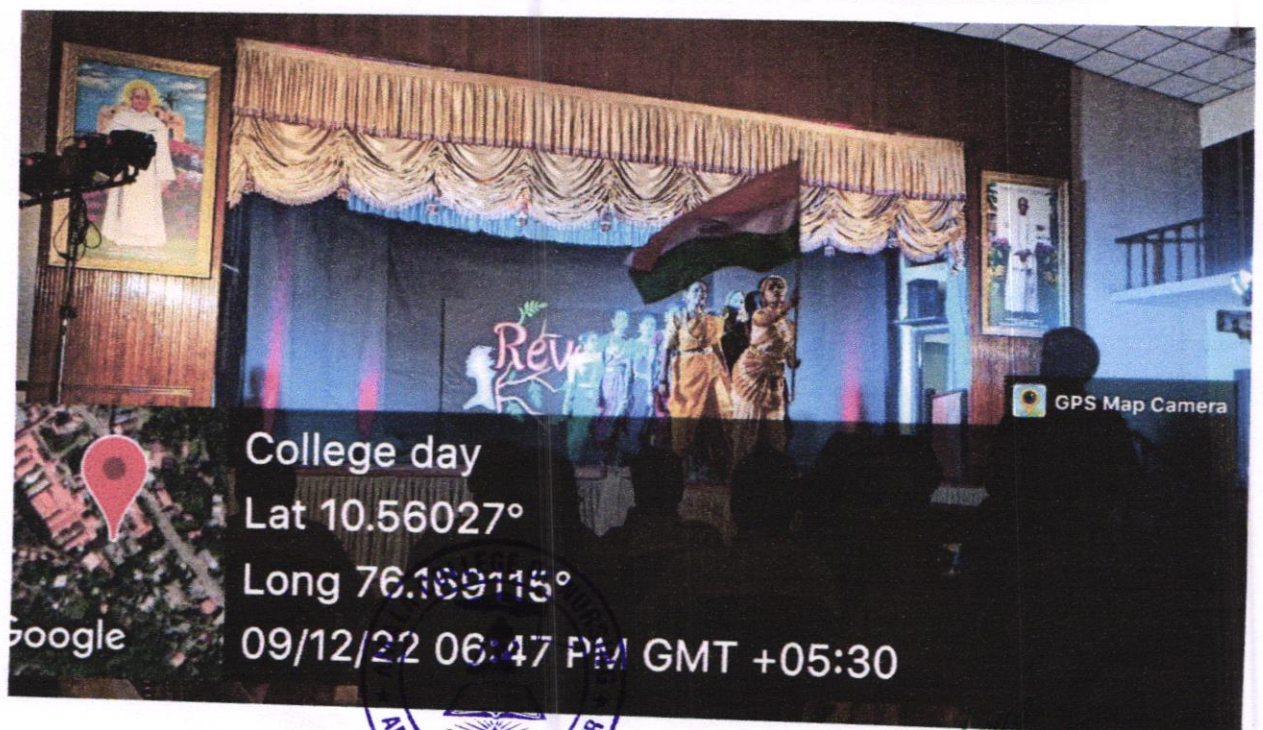
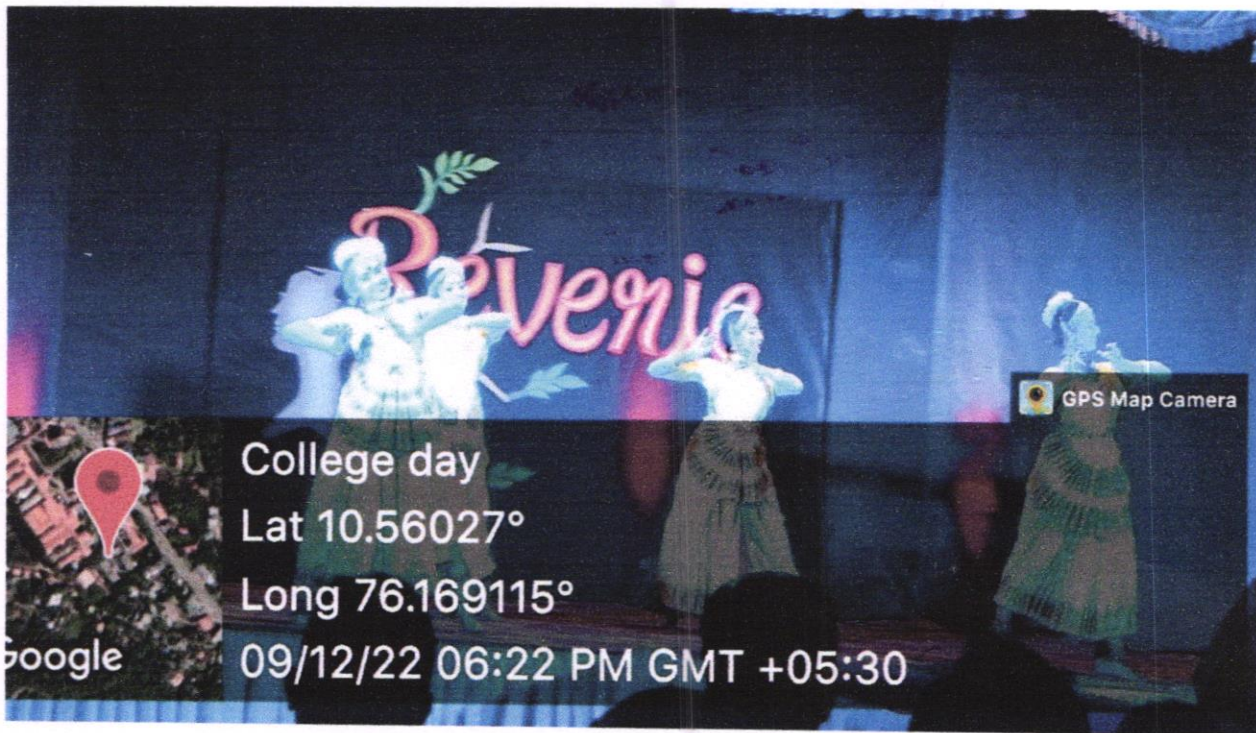
On 17 November the sports day was conducted on 19<sup>TH</sup> November 2022 at 8 am in the spacious playground of the college. The programme was started with march past of all students. and all students participated in that. At the end of the day principal thanked everyone for their presence and support, and congratulated the students for their exceptional performances



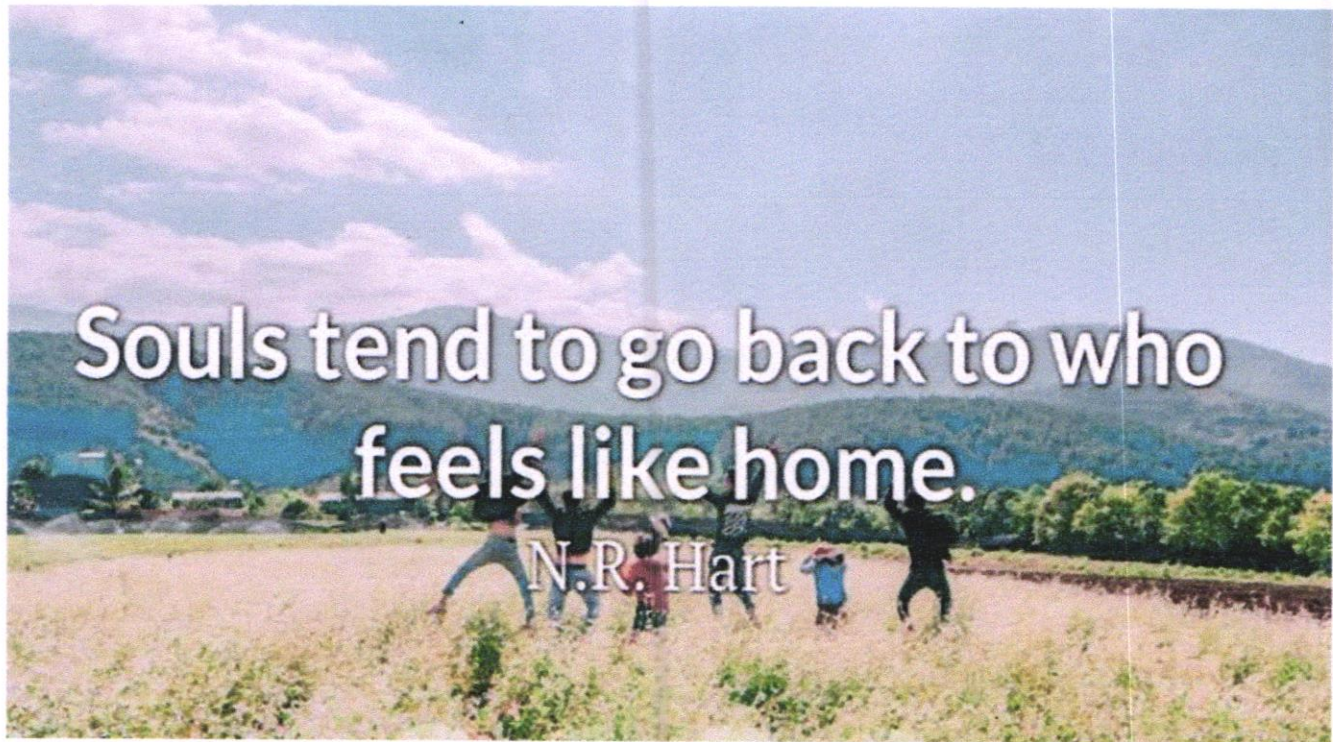
*Rajee*  
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## College Day

On 9 December 2022 college day was celebrated. The programme was inaugurated by Mr. Ptabiraman, the managing director of Kalyan group. The programme started at 5.00 PM and it ended at 9.00 pm and thereafter everyone left for dinner arranged in the college.



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**There is nothing like returning to a place that remains unchanged to find the ways in which you yourself have altered.....”**

**We need help in finding our missing students since not all of them are on the various social networking sites.... If you are in contact with any of them, please direct those to our E-mail**

**ID: [amalacollegeofnursingalumni@gmail.com](mailto:amalacollegeofnursingalumni@gmail.com)**

**Finding classmates will help to have a more successful reunion!!!!!!**



  
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# **Alumni achievement**

**National Florence Nightingale Nurses Award 2023**  
**Congratulations to Fegi Francis (2018 batch alumni)**



*Regu*  
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